



**Promoting cycling - Creating perspectives** 



## **ABOUT US**

Life Cyclers Uganda is a non-profit organisation with its home base in Kiyunga, Mukono District, Uganda. We advocate for the safety of cyclists on the roads, provide cyclists with safety and cycling equipment, promote environmental protection by encouraging cycling as a clean mode of transport and help to make travelling to school easier and more affordable for school children in rural communities. We are dedicated to fighting youth unemployment through the training of bike mechanics.



To finance our voluntary work, we furthermore offer bike rental and cycling tourism services. All proceeds from these activities are reinvested to fulfil our mission of creating perspectives by promoting cycling. LCU is dedicated to make your biking experience in Uganda memorable and adventurous.





# Promoting cycling - creating perspectives

Our mission is to strengthen cycling in Uganda, improve the safety of cyclists and to give young people a perspective through training as a bike mechanic.



#### Bike to work

Our partner Maintenance Palace Ltd is committed to promoting solar energy and environmentally friendly, economical, and healthy mobility in Ugandan communities. Thanks to our shared values, we work hand in hand to achieve our common goals.



# Apprenticeship of bike mechanics in Uganda

Life Cyclers Uganda aims to combat youth unemployment in the communities by training bicycle mechanics. After a successful completion, a professional toolbox will be handed over to the trained mechanics as starting capital.



# Bicycle promotion and safety tips in schools

Life Cyclers Uganda supports school children in using the bike for the way to school. In addition to fundraising for bikes and especially helmets, we therefore give bike lessons and safetytips for road traffic in schools.

## **OUR SERVICES**

#### 1. Bike rental services

Enjoy an unforgettable cycling experience on our bikes that are specially designed to beat the Ugandan trails. High quality tyres accompanied with shock absorbers will help you enjoy the beauty and adventure of cycling in Uganda.



#### 2. Weekly social community tours

Join our weekly free social moments on the saddle as we pedal through communities around Mukono, Kampala, Jinja and surrounding areas. Our tours are designed to bring the cycling community together and sending out a message of promoting cycling. Our routes are guided and managed by a team of professional cyclers. If you don't have a bike, there is an opportunity to rent one from us.



### 3. A Safari on the saddle

We assist you in discovering the beauty of the Ugandan wildlife in Lake Mburo National Park. Our team will design a tailored bike safari experience to fit your desires. You will enjoy the nature to its fullest on a sturdy but comfortable safari bike. This way you'll immerse yourself in the beautiful nature, impossible to experience through a car window, while protecting the environment and the wellbeing of the fauna and flora by reducing harmful emissions. Don't hesitate to contact us for a once in a lifetime experience in Uganda.

### 4. Guided bikepacking throughout Uganda

On request one of our experienced guides will accompany you for a bikepacking experience throughout the pearl of Africa.

### **PRICES:**

**Bike rental:** UGX 20,000 per hour **Safari on the saddle prices:** on request **Guided bikepacking prices:** on request

## **OUR ADDRESS**

Kiyunga, Mukono P.O Box 55, Uganda +256 753 099 015 Email : operationsuganda@lifecyclersuganda.org www.lifecyclersuganda.org

> Thank you for choosing Life Cyclers Uganda. With us, you are promoting cycling, protecting the environment, and creating perspectives.